

THE GHUSL [ritual bathing] a simplified step by step guide

1) The lesser ghusl


Is washing the dirt or impurity off one's body, to make an intention and to wash the whole body.

- 1 - the intention
- 2 - saying *bismillaah*
- 3 - washing off the impurities (off the private parts)
- 4 - pouring water over all of the body, and to wash the whole body
- 5 - leave the area of the ghusl and wash the feet

2) The complete ghusl

Is what is related textually from the Prophet and it contains the following matters:

- 1 - the intention
- 2 - saying *bismillaah*
- 3 - washing the hands three times
- 4 - washing off the impurities (off the private parts)
- 5 - *wudhu* (except for washing the feet)
- 6 - pouring water over the head three times down to the roots of the hairs
- 7 - it is recommended to rub the roots of the hair (with wet fingers) on the head and the beard before pouring water over it.
- 8 - pouring water over all of the body starting with the right side and rubbing the body with the hand
- 9 - leave the area of the ghusl and wash the feet



"Truly, Allaah loves those who turn to Him in repentance and loves those who purify themselves."
[al-baqarah (2):222]

Ghusl Is Obligated For The Following Reasons:

1. **When mani** (semen for a man and fine yellowish liquid with no eggs in it for a woman) **comes out with desire** during sleep or when one is awake. Ghusl not required if it comes out without desire such as due to cold or sickness.
2. **When the two circumcised parts (of the male & the female) meet** even if there is no liquid released.
3. **After mensruation and post-natal bleeding.**
4. **When a person dies** it is obligatory to do ghusl for him.
5. **When a non-muslim becomes a muslim or an apostate returns to Islam.**

The Legislated Ghusl:

- 1) **Ghusl is obligatory for Jumu'ah**
- 2) **Ghusl is recommended for the one who washes the dead**
- 3) **Ghusl is recommended for the two 'Eeds**
- 4) **Ghusl is recommended for standing in 'Arafah**
- 5) **Ghusl is recommended for the one who intends to do Hajj or 'Umrah**
- 6) **Ghusl is recommended for the one who intends to enter Makkah**

[document prepared using *The Rulings Of Ghusl* by Aadil bin Mubaarak al-Mutayraat, translated by Abou 'Ubaidah 'Amr bin Basheer, please refer to it for evidences and discussion on the above points]